

PRAIRIE TO PINE REGION PRESENTS:

ALF 2019

WHERE: Trinity United Church, Portage la Prairie, MB

WHEN: October 25-27, 2019

Wait... What on earth is ALF?

ALF is a youth retreat, organized by the Prairie to Pine Region of the United Church of Canada! It takes place during the SAGE school in-service long weekend, and it's open to anybody from grades 7-12!

Okay... But what's a youth retreat!?

A youth retreat is... well, it's a lot of things! Mostly, it's a great opportunity to meet lots of people and make new friends from all over our Region (Manitoba and North Western Ontario). It's a time to laugh, learn, worship, dance, sing, talk, and more. It's a chance to explore and deepen our faith in God, in new and exciting ways. It's a safe, warm, welcoming, and friendly environment where you can just be yourself! Everybody is accepted, and nobody is judged. That sounds pretty great!

So, what do you do at a youth retreat?

Good question! Youth retreat activities are mostly broken down into 3 categories – theme, worship, and social.

Theme is a big part of the retreat, and it changes with each event. The theme for ALF 2019 is “Where in the World” – the Geography of the Bible. We’ll learn about the places where Jesus fed the 5000, where Moses was hidden in the Bullrushes, where Joseph was sold into slavery by his brothers, and more ...and we’ll look at what’s going on in that part of the world now. There are both small and large group activities that allow us to dig deeper into the theme – but you’ll have to come to find out exactly what and how!

Worship is another important part of the weekend. Each day of the event, we’ll take time to join together in worship and give thanks to God for the time we spend together. We also join with our host congregation for their worship service on Sunday morning.

Social is everything else! We play lots of games, either as a large group or in smaller “home groups”. There’s lots of time to just hang out and chat with your new (and old) friends. At this retreat, we’ll be going swimming. ...And, there’s a big dance party in the evening!

If that all sounds awesome to you (or even if you're still a little hesitant), we'd love to see you there!

Registration is available online through the Regional website (www.mnwo.ca). If the cost is more than your family can afford, there is financial aid available, to ensure that those who wish to attend are able to do so.

	Return Participant to ALF or ZEEBU	First Time at ALF or ZEEBU
Early-bird – by Sept. 20	\$80	\$80
Deadline – by Oct. 14	\$90	\$80
Late but we'll still take you by Oct. 21	\$100	\$90

Can't wait to meet you! Bring a friend (or twelve)!